

Upcoming Events

June 4	The Crest Forest Municipal Advisory Council will meet at 6:30 p.m. in the Community Meeting Room at the Crestline Sanitation District located at 24516 Lake Drive in Crestline.
June 6	The Lake Arrowhead Communities Municipal Advisory Council will meet at 7 p.m. at Fire Station 91 located near the entrance to the Lake Arrowhead Village
June 7	The Lake Arrowhead Village will host a farmers market from 2 to 8 p.m. Vendors can call (909) 337-2533 for more information.
June 7	The Lake Arrowhead Village will host a concert at Lake Arrowhead Center Stage starting at 6:30 p.m. This event is scheduled take place on Fridays, Saturdays, and Sundays at the same time and place throughout the summer. Call (909) 337-3715 for information.
June 8	The Fontana Farmers Market is held from 8 a.m. to 1 p.m. at the corner of Sierra Avenue and Arrow Route in downtown Fontana. Call (909) 349-6900 for more information.
June 8	The Lake Arrowhead Repertory Theatre Company will present the Neil Simon play “Star Spangled Girl” at 8 p.m. Call (909) 336-2800 or visit www.lakearrowheadrep.org for ticket information and additional showtimes.
June 8	The Running Springs Chamber of Commerce hosts a farmers market every Saturday from 9:30 a.m. to 1:30 p.m. The market is located on Whispering Pines next to the Running Springs Library and First Mountain Bank and across from the Running Springs Post Office.
June 8	The Rancho Cucamonga Animal Center will host a foster care class from 10 to 11 a.m. for those interesting in fostering pets from the shelter. The shelter is located at 11780 Arrow Route.
June 8	A fishing derby will be held from 7 a.m. to 4 p.m. at Lake Gregory Regional Park in Crestline. Call (909) 338-2760 for more information.
June 8	The annual Antique and Classic Wooden Boat Show will take place at Lake Arrowhead. Visitors can view a variety of boats with glistening natural wood hulls. There will also be class cars on display. This event takes place at the Lake Arrowhead Village on Saturday and Sunday.
June 8	The 3rd annual Mountain Art Festival will take place from 10 a.m. to 6 p.m. at 32088 Highway 18 in Running Springs.
June 8	San Bernardino County Regional Parks and the County Office of Emergency Services will host “Survivor” from 8 a.m. to 3 p.m. at Glen Helen Regional in Devore. This event will feature information and workshops to help residents prepare for a major disaster. There will also be food vendors, kids games, and other family friendly activities. Parking costs \$5.
June 12	The Crestline Library hosts a free yoga class at noon on Wednesdays. The library is located at 24105 Lake Gregory Drive.
June 15	The Mountain Skies Astronomical Society will host “Constellations: Star Patterns” from 8 to 10 p.m. The observatory is located at 2001 Observatory Way in Lake Arrowhead.
June 21	Enjoy a movie on baseball fields at Lake Gregory Regional Park in Crestline from 8:30 to 10:30 p.m. This month's movie is the feature “The Odd Life of Timothy Green.” Bring a lawn chair or a blanket for seating. Outside food is allowed, and food and drink will also be available to purchase. Call (909) 387-2461 for more information. The cost if \$4 per person. Children two years old and younger are free
June 26	The 56th annual Mt. Baldy Steak Fry will take place from 3 to 9 p.m. at the Trout Ponds. The cost is \$25 for adults, \$15 for a vegetarian plate, and \$10 for children under 12. Call (909) 982-1213 for more information. Proceeds benefit the all-volunteer Mt. Baldy Fire Department.
June 29	The annual Lake Arrowhead Rotary Art and Wine Festival will take place from 10 a.m. to 7 p.m. at the Arrowhead Lake Association Tavern Beach Club.
June 30	Rancho Cucamonga Firefighters will host the 16th annual Car Show from 9 a.m. to 2 p.m. at Redhill Community Park located at Baseline Road and Vineyard Avenue. Entrance is free.

Dates and times are subject to change without notice. Please contact Supervisor Rutherford’s office at (909) 387-4833 if you have any questions or suggestions for the Events Calendar. You can view information about more local events on Supervisor Rutherford’s home page at www.sbcounty.gov/rutherford.

THE RUTHERFORD Report
THE NEWSLETTER OF SECOND DISTRICT SUPERVISOR JANICE RUTHERFORD

June 2013



Visitors enjoy a sunny day at Lake Gregory Regional Park in Crestline in 2012. The County recently completed several projects to enhance visitors’ experience at the lake, including a floating platform in the swimming area and fresh sand along the north and south beaches.

To keep the heart unwrinkled, to be hopeful, kindly, cheerful, reverent that is to triumph over old age.

—Amos Bronson Alcott

Foothill Kitchens Caters to Cooks

During the time Judy McGoon was operating her own catering business, a few people approached her to utilize her certified commercial kitchen to cook candies and baked goods for farmers markets.

Years after she closed her business, McGoon read a newspaper article about a catering chef who had begun renting out kitchen space to other caterers and bakers.

McGoon wasn’t really interested in restarting her old catering business, but the idea of creating a commercial kitchen where other caters and cooks could share space intrigued her.

“So many people have a passion for food, but they don’t know much about business and managing a kitchen,” she said.

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Helping Kids Get Back to Basics



Fourth grade was a turning point for 61-year-old Rancho Cucamonga resident John Rodriguez.

He entered the pivotal grade with very poor reading skills, but thankfully his teacher, Mrs. Miller, took the time to help him fully develop his reading and comprehension skills.

“Once I had that skill and the confidence to read, I realized how many doors it opened to new information,” John said. “I would go and get the Encyclopedia Britannica and just

read. I began to learn a lot of things that weren’t being taught at my grade level.”

That experience was, in part, what motivated John to start volunteering with the Back to Basics reading program at the Biane Library in Rancho Cucamonga last year.

John had retired after working for 30 years in the telecommunications industry and was looking for an opportunity to make a difference in his community. He wanted to be a reading tutor but wasn’t sure where to go. Then a friend suggested contacting the local library.

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FOOTHILL KITCHENS, PAGE 1

She set her sites on a location in another county, but after months of navigating red tape and spending about \$40,000 on building plans and other expenses, McGoon realized she wasn’t getting anywhere.

“The bottom line is this is a new business, and they didn’t have a model,” she said. “The idea of chefs sharing a kitchen just scared them to death... I thought that’s the end of that.”

But McGoon didn’t give up.

Upland officials she had talked to about the idea encouraged her to pursue opening the business in their city, and San Bernardino County Environmental Health Services, which inspects restaurants and commercial kitchens, indicated it was willing to work with her as well even though there was no boilerplate for the business type

Protecting Elderly and Dependent Adults

San Bernardino County Adult Protective Services (APS) functions as the defender of vulnerable seniors and dependent adults. On average, the agency receives and investigates about 1,200 cases every month.

The calls come primarily from mandated reporters such as social workers, doctors, caregivers, hospital personnel, law enforcement agencies, and financial institutions, as well as from concerned family members and close friends of abuse victims.

Last month, APS launched a campaign called “It’s Not Your Fault” to educate seniors and disabled adults about the various types of abuse and neglect that exists.

Victims are often reluctant to speak out about abuse that is frequently at the hands of someone they depend on and trust.

“Victims of abuse often feel they are the cause of their own abuse and neglect and, as a result, carry a great deal of shame and guilt,” APS Deputy Director Roxanne Young said.

“We want to increase everyone’s awareness of this issue, especially the dependent adults and elderly seniors we serve,” she said. “They need to know there is a place to seek guidance and protection if needed. More importantly, they have the right to be treated with dignity and respect and should report abuse and neglect whenever it occurs.”

Foothill Kitchens opened in November, and it already has 15 clients who regularly use its six workstations, walk-in refrigerator and freezer, commercial-grade stoves and convection ovens, and other professional kitchen essentials.

Most of McGoon’s customers are catering businesses, but a few utilize her rent-by-the-hour kitchen spots to cook up goodies to sell at area farmers markets and other outlets, including a small retail outlet at Foothill Kitchens. The business also features a banquet room and a demonstration kitchen, which some clients have rented out to host cooking classes.

“The energy and the people here make it really exciting,” McGoon said.

You can learn more about Foothill Kitchens by visiting www.foothillkitchens.com.

APS operates a toll-free 24 hour/7days-a-week hotline at 1-877-565-2020 that takes reports of alleged abuse and neglect against seniors and dependent adults in San Bernardino County.

The elderly and disabled are vulnerable to physical and verbal abuse, neglect, and financial exploitation, in part, because they are dependent on others and can be easily isolated and manipulated.

“That is the perfect storm for abuse,” Young said. “(Abusers) can cut them off from anyone who might become aware of the abuse.”

APS has seen a steady increase in financial crimes against seniors and the disabled during the past few years. The lackluster economy and the proliferation of Internet scams are partly to blame for the rise.

The agency has to act quickly on financial crimes because it doesn’t take long for swindlers, who may be outside the state or the country, to drain bank accounts of every last penny.

One prevalent Internet scam snares seniors by tricking them into thinking a relative has been robbed while traveling outside the country and needs money quickly.

In fact, crooks have hijacked the relative’s email or Facebook account and sent bogus emails to everyone in the person’s contact list.

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He checked out the Rancho Cucamonga Library’s Back to Basics program, which focuses on students in second through fifth grade who are reading below grade level, and he was impressed with how well organized and structured it was. Tutors attend an orientation to teach them how to create lesson plans and activities for their students. In addition, tutors are assigned no more than three students at time to ensure individualized instruction.

“That was great,” John said. “It was all new to me because I had come from corporate America.”

He had considered being a teacher at one time and even earned a degree in special education, but the lure of a well-paying job in the field of telecommunications enticed him to pass on the classroom.

John noticed some of his students could read fairly well, but they lacked the ability to comprehend and retain what they had read.

“You would ask them what the story they just read was about, and they often couldn’t answer the question,” he said.

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The emails ask recipients to send large sums of money to their panicked relative as quickly as possible.

APS case managers work closely with the local law enforcement and the District Attorney’s office to build cases and to ensure abusers are prosecuted to the fullest extent of the law, but those wheels won’t start turning until someone makes the call.

John decided to capture his students’ attention by asking them to pick topics for their weekly reading assignments. Then he would do research and write articles about subjects such as Disneyland, sharks, and comic books.

“That gave them the motivation to learn and retain what we were reading,” he said. “It comes down to motivation. If you are motivated, you do a good job.”

John was thrilled to see the look of accomplishment on the faces of all the students when they graduated from the Back to Basics program.

“The kids were there because they wanted to be there,” he said, noting that he encouraged his pupils to continue reading during their summer break. “If you make a difference at some level, it makes a big difference.”

The Rancho Cucamonga Library Back to Basics program started in 1998 after the city held a telethon to raise \$52,000 to provide a learning center for children.

You can learn more about Back to Basics by visiting <http://www.cityofrc.us/cityhall/lib/kids/b2b.asp> or by calling (909) 477-2720 ext. 5072.

2nd District Trivia

Last Issue’s Answer: Arthur Gregory founded a citrus packing company called Pure Gold in 1906. He created Lake Gregory in Crestline while developing sawmills to cut timber for citrus packing crates.

Question: Before it became known for its ski slopes, what was Snow Valley called thanks to the many outdoorsmen who frequented the area?

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